

THE SCHOOL BOARD OF HERNANDO COUNTY, FLORIDA  
**Seizure Disorder Care Plan**

**Please Print - (TO BE COMPLETED BY PARENT)**

Student's Name \_\_\_\_\_ Student's I.D. Number \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_ Date of Birth \_\_\_\_\_

Parent(s)/Guardian(s) \_\_\_\_\_

Home Phone \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_ Beeper \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_ Other \_\_\_\_\_

Physician's Name \_\_\_\_\_ Phone \_\_\_\_\_

Physician Treating Seizures \_\_\_\_\_ Phone \_\_\_\_\_

Allergies: \_\_\_\_\_

1. What type of seizures does your child have? \_\_\_\_\_

2. Does your child have other health problems/concerns? \_\_\_\_\_  
\_\_\_\_\_

3. At what age did seizure activity begin? \_\_\_\_\_ When was the last seizure? \_\_\_\_\_

4. Is there any known specific cause for these seizures? If so please explain briefly. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

5. Describe the seizure: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

6. How long do the seizures normally last? \_\_\_\_\_

7. Has a seizure ever lasted longer than 5 minutes? \_\_\_\_ Yes \_\_\_\_ No. If yes, what intervention was  
needed. \_\_\_\_\_  
\_\_\_\_\_

8. Does your child lose bowel or bladder control during a seizure? \_\_\_\_ Yes \_\_\_\_ No

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9. Has your child ever turned blue or stopped breathing during a seizure? \_\_\_\_ Yes \_\_\_\_ No

If yes, what intervention was needed? \_\_\_\_\_

10. Has your child ever required hospitalization due to a seizure? \_\_\_\_ Yes \_\_\_\_ No

If yes, please explain \_\_\_\_\_

11. Is there anything that seems to trigger a seizure? (i.e. flashing lights; video games, computers),

\_\_\_\_ Yes \_\_\_\_ No If yes, please explain \_\_\_\_\_

12. Are there any warnings or behavior changes before a seizure? \_\_\_\_ Yes \_\_\_\_ No

If yes, please explain \_\_\_\_\_

13. Are there any limitations to your child's activities? \_\_\_\_ Yes \_\_\_\_ No

If yes, please be specific and attach a physician's order \_\_\_\_\_

\_\_\_\_\_

14. Does your child require any protective equipment, e.g. helmet? \_\_\_\_ Yes \_\_\_\_ No

If yes, please explain \_\_\_\_\_

\_\_\_\_\_

15. Other considerations: \_\_\_\_\_

16. May we contact your child's doctor with questions about your child's seizures or treatment?

NOTE: you must sign A Release of Medical Information prior to our contacting the physician.

Clinic personnel has this form.

\_\_\_\_ Yes \_\_\_\_ No

17. List ALL medications your child takes including those at school (an additional medication form and Physician prescription must be submitted for all medications administered in school)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Physician's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**NOTE: FOLLOWING AN OBSERVED SEIZURE, PLEASE COMPLETE THE SEIZURE OBSERVATION FORM AND GIVE TO PARENT.**

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**HEALTH CARE ACTION PLAN**

Student Name \_\_\_\_\_ Date \_\_\_\_\_

(Copy to be readily available in classroom and clinic)

**EMERGENCY PLAN**

IN AN EMERGENCY

1. Stay with child
2. Call/ask someone to call clinic assistant who will assess child and summon EMS for this child/or instructor may call EMS.

<b>If You See This</b>	<b>Do This</b>
Based on this child's current condition a <b>medical emergency</b> for this child is:	

**IMPORTANT EMERGENCY NUMBERS:**

Mother's Name \_\_\_\_\_ Work (\_\_\_\_) \_\_\_\_\_ Home (\_\_\_\_) \_\_\_\_\_

Cell (\_\_\_\_) \_\_\_\_\_

Father's Name \_\_\_\_\_ Work (\_\_\_\_) \_\_\_\_\_ Home (\_\_\_\_) \_\_\_\_\_

Cell (\_\_\_\_) \_\_\_\_\_

Emergency Contact's Name \_\_\_\_\_ Phone Number: \_\_\_\_\_

Preferred Hospital: \_\_\_\_\_

Primary Physician: \_\_\_\_\_

Specialist(s): \_\_\_\_\_

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**Teacher Information Sheet**

Student's Name \_\_\_\_\_ School Year \_\_\_\_\_

Student Number \_\_\_\_\_ Date of Birth \_\_\_\_\_ Grade \_\_\_\_\_ Date \_\_\_\_\_

This student has epilepsy or seizure disorder. This information should assist you if a seizure occurs during class.

Seizure type \_\_\_\_\_

Description of seizure \_\_\_\_\_

\_\_\_\_\_

Average frequency of seizures \_\_\_\_\_

Usual time of day of seizures \_\_\_\_\_

Things that may trigger a seizure \_\_\_\_\_

Average length of seizure in minutes \_\_\_\_\_

Average length of time until student returns to regular activities \_\_\_\_\_

First aid you should provide: \_\_\_\_\_

\_\_\_\_\_

After seizure, do the following: \_\_\_\_\_

\_\_\_\_\_

Student takes the following medication(s):

Medication \_\_\_\_\_ Medication \_\_\_\_\_

Time given \_\_\_\_\_ Time given \_\_\_\_\_

Side effects \_\_\_\_\_ Side effects \_\_\_\_\_

\_\_\_\_\_

Report immediately if you notice \_\_\_\_\_

\_\_\_\_\_

Comments \_\_\_\_\_

\_\_\_\_\_

Completed by: \_\_\_\_\_

Phone number(s) \_\_\_\_\_

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**Seizure Observation Form**

Student's Name \_\_\_\_\_ Student Number \_\_\_\_\_ Date \_\_\_\_\_

Location of seizure \_\_\_\_\_

1. What was student doing **BEFORE** the seizure?

A. Was the student: alert \_\_\_\_ sleeping \_\_\_\_ other \_\_\_\_\_

B. How long did the seizure last? \_\_\_\_\_ (Do not include time sleeping after the seizure).

C. Did the student experience a warning? \_\_\_\_ Yes \_\_\_\_ No. If Yes, describe it

\_\_\_\_\_  
\_\_\_\_\_

2. Check the events you saw **DURING** the seizure (number in the order they happened if possible).

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Eyes turned up and fixed left                | <input type="checkbox"/> Eyes turned up and fixed right | <input type="checkbox"/> Picking movements               |
| <input type="checkbox"/> Head turned and fixed left                   | <input type="checkbox"/> Head turned and fixed right    | <input type="checkbox"/> Respective lip smacking/chewing |
| <input type="checkbox"/> Impaired speech                              | <input type="checkbox"/> Stared                         | <input type="checkbox"/> Fell                            |
| <input type="checkbox"/> Lost consciousness                           | <input type="checkbox"/> Unresponsive                   | <input type="checkbox"/> Cried out                       |
| <input type="checkbox"/> Stiffening on left side                      | <input type="checkbox"/> Stiffening on right side       | <input type="checkbox"/> Stiffening on both sides        |
| <input type="checkbox"/> Jerking on left side                         | <input type="checkbox"/> Jerking on right side          | <input type="checkbox"/> Jerking on both sides           |
| <input type="checkbox"/> Confusion or disorientation, how long? _____ |   |  |
| <input type="checkbox"/> Other _____                                  |   |  |

3. Check the things you saw **DURING** the seizure:

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Drooling                   | <input type="checkbox"/> Lost bladder control | <input type="checkbox"/> Lost bowel control |
| <input type="checkbox"/> Became pale or turned blue | <input type="checkbox"/> Bit tongue           | <input type="checkbox"/> Became flushed     |
| <input type="checkbox"/> Blinked eyes               | <input type="checkbox"/> Walked around        |   |
| <input type="checkbox"/> Other _____                |   |   |

4. Check the things you saw **AFTER** the seizure:

- |   |   |
|---|---|
| <input type="checkbox"/> Confusion or disorientation. How long? _____ |   |
| <input type="checkbox"/> Complained of headache                       | <input type="checkbox"/> Complained of body aches |
| <input type="checkbox"/> Nausea                                       | <input type="checkbox"/> Vomited                  |
| <input type="checkbox"/> Complained of weakness                       | <input type="checkbox"/> Slept. How long? _____   |
| <input type="checkbox"/> Injuries. Describe _____                     |   |
| <input type="checkbox"/> Other _____                                  |   |

5. Was the student sent to clinic? \_\_\_\_ Yes \_\_\_\_ No. If yes, arrival time: \_\_\_\_\_

NAME OF PERSON WHO SAW THE SEIZURE: \_\_\_\_\_

Name of person filling out this form (if other than above): \_\_\_\_\_

**COPY OF THIS FORM TO BE SENT HOME WITH STUDENT AFTER EVERY SEIZURE AND COPY TO STUDENT HEALTH FILE IN CLINIC**